

What Is the Narcotics Anonymous Program?

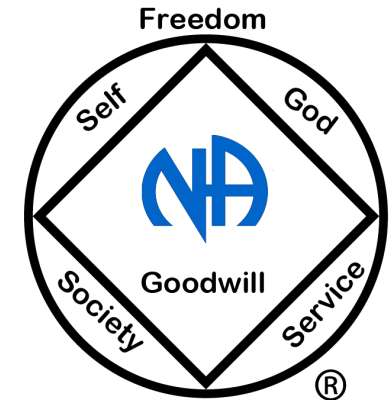
NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Fellow Addict Phone Numbers:

[illegible]

April 2025

Meeting Directory



Universal Program

Southeast Nebraska Area of Narcotics Anonymous

Area Website:

sena-na.net



24 Hours a Day

Toll Free Helpline:

888.347.4446

Email:

meetings@sena-na.net

Mailing Address:

**P O Box 80902
Lincoln NE 68501**

All meetings are an hour unless otherwise noted
O=open to anyone interested in NA
C=closed for addicts only
H=Handicapped accessible
CL=Candlelight

Sunday

7:00 pm:
Sunday Night Solutions; 1035 N 33rd st. (City Impact);
O/Step/Tradition/Speaker

Monday

6:30 pm
Hold U Up; 2001 S 11th st. (Immanuel Lutheran
Church west entrance mtg in basement); O

7:45 pm: 75 min
Never Alone; 721 K st. (The Bridge, 3rd Floor big
room); O/H

7:00 pm
(Seward) Monday Night Miracles; 1014 N. 6th st. (St.
Andrews Episcopal Church); O/H/Txt stdy

Tuesday

6:00 pm: 90 min
Recovery At Work group;
1645 N Cotner blvd (Bethany Christian Church, enter
on west side); O/lit study

7:30 pm: 90 min
Let It Out; 1144 M st., (Saint Paul United Methodist
Church, southeast entrance rm 027 in the basement);
O/H

Wednesday

12pm-1pm
Mission Possible 110 Q st
(People's City Mission, enter through men's shelter);
O/H

6:45 pm: 75 min
Wednesday Wild Women; 4530 A st. (Christ United
Methodist Church Upstairs rm B); O/H/Women's
also meeting via Zoom ID#8651791321 password By
Md5L

7:00 pm: 90 min
Boys to Men; 6520 Colfax Ave (Havelock Christian
church); O/H/Men's

Thursday

6:30 pm:
Stepping Up; 1144 M st. (Saint Paul United Methodist in
the basement); Step stdy

7:00 pm:
One Promise; 1333 N 33rd (Connection Point Church);
O/H
(Fairbury) New Hope; 1111 K Street;

Friday

6:30 pm: 90 min
Happy Havelock; 5945 Fremont st. (United Evangelical
Church); O/H

8:00 pm:
Lost & Found; 1333 N 33rd (Connection Point Church);
O/H

Saturday

9:00 am:
Saturday Morning Social; 4000 Sheridan Blvd (2 pillars
Church); O/H/Just For Today

7:00 pm:
Saturday Night Live; 721 K St (The Bridge, 3rd Floor
small room); O/H



Area Service Committee Meeting (ASC)
1st Sun of the month 2:30 pm:
Eastridge Presbyterian Church 1135
Eastridge Dr, Lincoln

Information for the rest of the NE Region
visit: nebraskana.org



Who Is an Addict?
Most of us do not have to think twice about
this question.
We know! Our whole life and thinking was
centered in drugs in one form or another
the getting and using and finding ways and
means to get more. We lived to use and
used to live. Very simply, an addict is a
man or woman
whose life is controlled by drugs.
We are people in the grip of a continuing
and progressive illness whose ends are
always the same: jails, institutions, and
Death.

**KEEP
COMING BACK
IT WORKS!**