

SENANA ASC MEETING

February 4th, 2024

ATTENDANCE:

Chairperson:	Aaron G.	Present
Vice chair:	Bekka H.	Present
Secretary:	Chelsea B.	Present
Treasurer:	Josh H.	Present
RCM:	Lori C.	Present
RCM-Alt:	Seth B.	Present
Public Relations:	Cameron G.	Present
Literature:	Doris K.	Absent
Activities:	Mariah W.	Present
Policy Chair:	Steven T.	Present
NRCNA 40 Convention Committee:	Bekka H. (Vice Chair/Proxy)	Present

Sunday Night Solutions	Eli C.	Present
Monday Hold U Up	Jessica J.	Present
Monday Never Alone	Dan R. (proxy)	Present
Monday Night Miracles	Kris B.	Present
Tuesday Recovery at Work	Chrissy H.	Present
Tuesday Let it Out	Howard (proxy)	Present
Wednesday Night Wild Women	Kimberly R. (proxy)	Present
Wednesday Boys to Men	Zech I.	Present
Wednesday Mission Possible	Herman P.	Present
Thursday One Promise	Moe M.	Present
Friday Happy Havelock	Lori C.	Present
Friday Lost and Found	Sara B.	Present
Saturday Morning Social	John H.	Present
Saturday Night Live	Jon P.	Absent
Fairbury New Hope	Unknown GSR	Absent

Visitors: Maddie G.

Motion to approve Minutes from Previous Month: Steven T. motions, Zech I. seconds. Minutes from the previous month are approved.

Motion to approve Treasurer’s Financial Statement: Steven T. motions, John H. seconds. The Treasurer’s financial statement from the previous month is approved.

EXECUTIVE COMMITTEE REPORTS

CHAIR: Good afternoon ASC, thank you all for choosing to serve our groups! The only thing I’d like to report on at this time is our need for a Public Relations chairperson. The position has been open for some time. All GSR’s please make a note of this and take it back to your groups. We can accept nominations for a PR chair today as well, provided they meet the requirements per PR guidelines. -Aaron G.

VICE CHAIR: Nothing to report.

SECRETARY: Hello SENANA friends. I have made several corrections to the January ASC minutes. I have updated the name of the new noon meeting at the Mission. I have also updated the Executive Committee Timeline to reflect the correct year(s) for the Literature chairperson. There was also a correction for the Boys To Men December group report. I had \$81 recorded for their total amount collected, however, that was their ASC donation. The total collected was \$188. As a friendly reminder, per the 2023 SENANA ASC Policy: Any submission to the monthly minutes must be received by the ASC Secretary by the end of the day the ASC meets. Anything submitted after that deadline will not be recorded or included in that month’s minutes. In Loving Service, Chelsea P.

RCM: Greetings ASC, I attended the January Region Meeting along with Seth B. The Meeting was held virtually on Zoom due to weather. I was able to attend the General Assembly with a great presentation from Public Relations and Fellowship Development. The RSC was packed full of information so I will highlight the information here. We do have some tasks to be completed for the next RSC. These consist of a couple of surveys and information gathering that will go back to the groups and to our H&I Committee.

1. **New Statewide Phone Line** – We now have a new toll-free phone line. There will be a lot of training and testing before we go live. Michelle will do many trainings and Barry has some questions about how we would like to have the phonedlines configured. Our current phone line will stay active until the transition is complete. Once the phone line goes live, we can start replacing our phone line number with the new number on our meeting lists and other correspondence. This could be a year-long process before we retire our existing phone line.

Please take back to groups, ASC, H&I for input:

- 1) Should we forward other area numbers over to these statewide numbers?
- 2) What is it that your area would like to see?
- 3) Do we want the messaging feature enabled?
- 4) Do we want an option to transfer to a live addict?
- 5) If we want to transfer to a live addict, how long would the volunteer addict’s “shift” be?
- 6) Do we want to offer rides to meetings?

2. **Public Relations and Fellowship Development** is requesting an inventory to be filled out by groups and ASC to get a better understanding of our area's needs. An inventory form is attached, and handouts will be provided. **Please take back to groups.**

Inventory Sample

Introduction: The purpose for this inventory is to obtain feedback from groups in order to develop goals and prioritize potential needs for services & Fellowship Development in small towns or communities within a large geographical area.

“The principle of service, critical to the application of our Eleventh Tradition, is not a passive principle. To be of maximum service to the still suffering addict, we must energetically seek to carry our message throughout our cities, towns, and villages. ...We must take vigorous steps to make our program widely known. The better and broader our public relations, the better we will be able to serve”
Tradition Eleven, It Works: How and Why

We appreciate your group, town or community taking the time to answer the following questions and returning the survey to the ASC (Area Service Committee) so we can address the needs of your community.

1. How are members finding NA meetings in your community? (can be more than one answer)
2. If members are referred, who is referring them? (can be more than one answer)
3. Does your meeting have current meeting lists?
 - If Yes, how & where did you obtain them? Is the amount adequate?
 - If No, how can the Area better meet this need?
4. Are members of your group aware of the NA helpline?
5. Do you have members of your group who are trained to carry the NA helpline?
 - Please list name(s) & contact information
6. Does your community have a local newspaper?
 - If Yes, are NA meetings listed in the paper?
 - Is your home group listed?
 - If Yes, Is the information current and correct?
 - Is your local newspaper shared with a surrounding community?
 - If Yes, which cities/towns are included in its distribution?
7. Are your group members aware of the Area (or Regional) website?
8. Do members of your group access the Area (or Regional) website for:
 - Meeting information?
 - Flyers?
 - Service Documents?
 - Information about NA?
 - Other?
9. Are there any facilities, to your knowledge, receiving H&I services currently (i.e speaking in jails, institutions, providing “in house” meetings using Narcotics Anonymous name/literature)
 - If yes, who is facilitating them?
 - Name & contact information
 - Facility being served & type of meeting: speaker, open meeting, etc

10. Are there any facilities currently being provided meeting lists, Narcotics Anonymous information Pamphlets, etc.? (If yes, please list facility & what material is being provided)
11. Are there any jails in your community?
 - If yes, please list name(s)
12. Is there a courthouse / probation offices in your community?
13. Are there any treatment Centers/Programs in your community?
 - If yes, please list name(s)
14. Are there any hospitals in your community?
 - If yes, please list name(s)
15. Are there any public/family service agencies in your community? (examples may include Department of Human Services, Family Services, WIC offices, Homeless shelters, VA Centers, Domestic Violence shelters/programs, etc.)
 - Please list known agencies in your community
16. Does your community have an annual fair or annual community event?
 - Type of event:
 - Month held:
 - Cities/Towns involved
17. Is there any other facility organization, or event not previously listed that could be a potential contact source?
18. Would your group be interested in more information about the individual member's role in NA's Public Image and maintaining a positive image of Narcotics Anonymous?
 - If yes, what would be the best method to receive that information? (you can select more than one answer)
 - Committee provide material to read on the topic?
 - Committee member visit group business meeting; discuss topic
 - Workshop outside of group – at an event?
 - Other - Please list:
19. How can the Area improve communication and provide education about services we provide and training opportunities? (you may choose more than one option)
 - Provide trainings at the ASC?
 - Groups "host" a training opportunity in their community/town?
 - Hold trainings in conjunction with events?
 - Provide reading material?
 - One on one training/mentoring of members?
 - Visit group business meeting to explain service opportunities?
 - Seek out members (personal invites) to help with particular projects?
 - Other approaches? (please list suggestions)

Group questions to the committee:

Other suggestions/comments:

3. **Proposal #1:** To accept the proposed three-year budget (Attached) for the Plain States Zonal Forum.
 - a. **Intent:** To update the zonal budget to adapt for the three-year meeting cycle change adopted previously.
 - b. **Financial Impact:** NONE – same budget, just extends to 3 years.
 - c. **Submitted by:** Tommy N.

4. NRCNA 41 and 42? Does anyone want to bid on this to host? RCM's **TAKE BACK TO GROUPS to see if there is any interest in your area.**

5. Next Region: April 13th, 2024 @ 4530 A Street, Lincoln NE 68510
 - a. General Assembly at 10am – **phone line training** H&I - please plan on attending.

6. **From our Regional Delegate:** Survey for H&I that is posted out online. Has anyone done this yet? If you would like some support or want us to help facilitate it, Tommy or I would be happy to do this with you! WE hope that each H&I committee in Nebraska (Area & Region) will complete this survey... We believe we have a lot to offer! The deadline for this survey is March 31st, 2024.... There is also a bunch of information for Virtual Service Basics posted online, a PR Video, the New Group Booklet which is very cool and has CBDM updated in it. I am attaching the PowerPoint presentation that has all the links and information for those that want to look and pass on to their groups.

For our first RSC meeting being online there was so much information that I am sure there is much more information that might be of interest to you so I would encourage you to visit the Regional website!

I will be collecting all the surveys and input to give to the RSC - PR committee in April so you have time to bring this information to your groups. Region will be held in Lincoln in April so please plan on attending! We will be hosting a fundraising event that will be lots of fun!!!

ILS

Lori C

Seth B

Attachments for Proposal 1:

Budget Even years beginning in July	2022
Sponsorship Behind the Walls	
Workshop Materials	\$ 300.00
Mailing postage and materials	\$ 300.00
IP's for initial sponsor assignments (before they get a sponsor)	\$ 75.00
NA Books (Step Working Guides and H Works: How and Why)	\$ 500.00
2 year mailbox rental (needs to be renewed July 2023)	\$ 450.00
Total Sponsorship Behind the Walls	\$ 1,625.00
Plains State Zonal Meetings	
Meetings 4 in two years at \$400 each	\$ 1,600.00
Travel for Unfunded Committee Members	
Flight	\$ 1,500.00
Gas	\$ 498.00
Lodging	\$ 1,500.00
Four in person meetings in a 2 year cycle	\$ 5,498.00
Public Relations	
Public Relations events	\$ 700.00
Information Technology	
Web Site Hosting, Two-year hosting (due September 2024)	\$ 900.00
Zoom (3 accounts) (\$49.70) each year due February	\$ 895.40
Miscellaneous Web Site Charges (New Modules)	\$ 200.00
Domain Registration for URL (Two years due in August 2024)	\$ 65.00
NAP	\$ 124.00
Total Information Technology	\$ 1,884.40
Total of all Budgets	\$11,311.40
Prudent Reserve (20% of approved Budget) excludes SBTW	\$ 1,937.28
SBTH	1625
Stays in Bank	\$ 3,562.28

Budget Every three years beginning in July	2023
Sponsorship Behind the Walls	
Workshop Materials	\$ 450.00
Mailing postage and materials	\$ 450.00
IP's for initial sponsor assignments (before they get a sponsor)	\$ 110.00
NA Books (Step Working Guides and H Works: How and Why)	\$ 750.00
2 year mailbox rental (needs to be renewed July 2023)	\$ 450.00
Total Sponsorship Behind the Walls	\$ 2,210.00
Plains State Zonal Meetings	
Meetings 6 in three years at \$400 each	\$ 2,400.00
Travel for Unfunded Committee Members	
Flight	\$ 3,750.00
Gas	\$ 750.00
Lodging	\$ 2,250.00
Six in person meetings in a 3 year cycle	\$ 6,750.00
Public Relations	
Public Relations events	\$ 1,050.00
Information Technology	
Web Site Hosting, Two-year hosting (due September 2024)	\$ 900.00
Zoom (3 accounts) (\$49.70) each year due February	\$ 1,340.00
Miscellaneous Web Site Charges (New Modules)	\$ 200.00
Domain Registration for URL (Two years due in August 2024)	\$ 100.00
NAP	\$ 188.00
Total Information Technology	\$ 2,728.00
Total of all Budgets	\$15,348.00
Prudent Reserve (20% of approved Budget) excludes SBTW	\$ 2,587.60
SBTH	2210
Stays in Bank	\$ 4,797.00

RCM ALTERNATE: RCM Alternate's report is included with the RCM report above.

TREASURER: Hello SENANA. Our current bank balance is \$4,439.79. The current literature balance (that is calculated by taking all 2023 and 2024 income and subtracting orders) is currently \$1,000.95. This includes the January literature income, and the committee has not made an order since Dec 11. This also includes \$325 'in excess' that has accumulated due to groups paying more for literature to cover shipping costs and increases in literature prices. Therefore, for the sake of this discussion we will consider our true ASC balance to be \$3,438.83. I am proposing a prudent reserve of \$1,338.69 based on section VI, No. 5 of our policy and based on the prorated budgets for the subcommittees for which the ASC appropriates funds. Previously, I had erroneously included the literature income balance in our calculation of the prudent reserve without regard for the fact that literature purchases are always supported by groups. Therefore, the literature balance should not be considered in the prudent reserve number. Literature income should be removed from our balance with careful attention to the timing of purchases. That said, I believe that a donation to the RSC in the amount of \$2,100 would be appropriate.

INCOME		EXPENSES	
Sunday Night Solutions		ASC	
Recovery At Work	\$ 25.00	Rent	\$ 25.00
Let it Out	\$ 20.00	PO BOX	
Never Alone		Reimbursements	\$ -
Wild Women		Other	\$ -
Boys to Men	\$ 81.00	TOTAL	\$25.00
One Promise	\$ 100.00	PR	
Lost and Found		Website	
Happy Havelock	\$ 195.00	Phone Line	\$ 115.44
Sat morning social	\$ 25.00	H&I Literature	
Monday Night Miracles - Swrd	\$ 25.00	Zoom	
Activities			
Hold you Up			
Total from Groups	\$473.00	TOTAL	\$115.44
		Literature	
Literature	\$675.65	Rent	\$ 25.00
		Monthly Order	
		Reimbursements	\$ -
		TOTAL	\$25.00
Total for Deposit	\$1,146.65	Activities	
		Reimbursements	\$ -
		Activity Start Up	
		Other	
		TOTAL	\$0.00
		Policy	
		Reimbursements	
		Other	
		TOTAL	\$0.00
		Miscellaneous	
		TOTAL	0
		TOTAL EXPENSES	\$165.44
		SUMMARY	
Previous Balance	\$3,458.58		
Income this month	\$1,146.65		
Expenses this month	\$165.44		
New Balance	\$4,439.79		
Balance from Month Ending Statement	\$4,439.79		

<u>Item</u>	<u>Monthly Cost</u>	<u>Prudent Reserve</u>
ASC Rent	25	75
Literature Rent	25	75
PO Box (\$176 Annual)	14.6	43.8
PR Budget (\$4330 Annual) Includes meeting lists, phone line, website.	360.83	1082.49
Policy Budget (\$150 Annual)	12.5	37.5
Literature Supplies (\$100 annual)	8.3	24.9
	446.23	1338.69

SUBCOMMITTEE REPORTS

PUBLIC RELATIONS: Hello, We are currently going into Touchstone and LCC men's and women's. We will have a budget ready next Sunday when the subcommittee meets. We are still looking for a chairperson, so if anyone knows anyone who is interested, please feel free to reach out.

LITERATURE: Nothing to report.

ACTIVITIES: Hello SENANA, We are submitting our budget and tentative schedule today. We had a good turnout at bowling last night, 41 in the meeting and 48 people bowled 91 games. Thank you for allowing us to be of service.

POLICY: Hello all, I have updated the ASC Policy and Guidelines. I have a couple of physical copies if anyone would like them. The updated Policy will be uploaded this month when the new minutes are posted to the website later this month. I can also send a copy through email to anyone who would like one.

NRNCNA 40 CONVENTION COMMITTEE: Hey y'all! NRCNA 40 convention committee continues to do well on staying with the timeline. Region was held via zoom last month and received a progress report. Main speakers have been chosen and entertainment is in the planning process. Online registration is live, and merch is available for pre-order. The registration committee is working hard and will be at CECK If you feel like registering in person. The next convention committee meeting will be on the 11th of February at noon. -Jae

NOMINATIONS:

ELECTIONS:

Please note that the following service position is still open with the following requirements to serve:

All Subcommittee chair positions are terms of 2 years.

Public Relations Chairperson

- Chairperson must have minimum 1-year continuous clean time with a suggestion of 3 years continuous clean time and 6 months activity in H&I work. The chairperson will be elected by the subcommittee and elected by the subcommittee and approved by the Area Service Committee in accordance with the current guidelines.
- Bring before the general meeting of the subcommittee matters that should be discussed by them.
- Carry out policies and orders for the committee.
- Appoint panel leaders for institution services.
- Attend the Area Service Committee meetings.
- Attend Regional H&I subcommittee meetings.

EXECUTIVE COMMITTEE TIMELINE

Executive Position	Service Member	Date Started Position	Ending Date for Position	When Positions Open at ASC
ASC Chair	Aaron G.	April 2023	April 2025	January 2025
ASC Vice-Chair	Bekka H.	May 2023	May 2025	February 2025
Secretary	Chelsea P.	January 2024	January 2026	November 2025
Treasurer	Josh H.	December 2022	December 2024	September 2024
RCM	Lori C.	November 2023	October 2025	August 2025
Alt.-RCM	Seth B.	November 2023	October 2025	August 2025
Public Relations	OPEN	OPEN	OPEN	September 2023
Literature	Doris K.	July 2023	July 2025	April 2025
Activities	Jordan B.	October 2022	October 2024	August 2024
Policy	Steven T.	June 2022	June 2024	March 2024

OLD BUSINESS:

No old area business.

OPEN FLOOR:

Topic #1: Flier Formats

Howard brought up issues printing NA fliers off the SENANA website. Several members offered solutions to help him print fliers going forward.

NEW BUSINESS:

The Audit Ad-Hoc Committee was formed: Get with Josh H. or Steven T. after the meeting to join. Audits will be completed over the next few months, although there is no hard deadline for completion.

Motion #1: To approve the 2024 SENANA Activities budget.

Intent: To provide transparency and accountability in regard to financial resources to members of our fellowship.

Submitted by: Mariah W.

Seconded by: Dan R.

Financial Impact: Yes, the budget increased due to storage expense.

Change in Policy: NO

Subcommittee Budget
Sub-Committee Name:

ACTIVITIES

Income

Suggested Donation	\$800.00
Raffle	\$800.00
Drinks	\$400.00
7th Tradition	\$500.00
Complacency Jail	\$250.00
Area Start Up Funds	\$300.00
Total Anticipated Income	\$3,050.00

Expenses

NRCNA Fundraiser	\$250.00
Pool Party	\$250.00
Boomin Bonfire	\$200.00
Learning Day	\$150.00
Halloween Dance	\$250.00
Overstuff	\$150.00
NYE Dance	\$250.00
Lit/Keytags/flyers	\$350.00
Rent/Storage	\$900.00
Miscellaneous	\$150.00
Total Anticipated Expenses	\$2,900.00
IncomeMinus Expenses	\$150.00

Motion #2: To approve the 2024 SENANA Literature budget.

Intent: To provide transparency and accountability in regards to financial resources to members of our fellowship.

Submitted by: Eric N.

Seconded by: Moe M.

Financial Impact: YES

Change in Policy: NO

Sub-Committee Budget
Sub-Committee Name:

LITERATURE

<u>Income</u>	
Money Received From Groups	\$10,000.00
Total Anticipated Income	\$10,000.00

<u>Expenses</u>	
Orders Made By Literature	\$10,000.00
Office Supplies	\$100.00
Rent	\$300.00
Total Anticipated Expenses	\$10,400.00
IncomeMinus Expenses	-\$400.00

GROUP REPORTS

GROUP	TOTAL ATTENDANCE	TOTAL NEWCOMERS	TOTAL \$ COLLECTED	LITERATURE ORDER	ASC DONATION	RENT PAYMENT
BOYS TO MEN	210	7	\$129.26	\$41	\$11.26	\$20
RECOVERY AT WORK	169	8	\$173	\$98	\$45	\$30
LET IT OUT	138	23			\$20	
ONE PROMISE	232	7	\$129	\$104.46	\$30	
WILD WOMEN	154	20		\$21		
SUNDAY NIGHT SOLUTIONS	222	26		\$177	\$100	
NEVER ALONE						
HAPPY HAVELOCK	179	12			\$97	
HOLD U UP						
LOST & FOUND	122	4	\$86	\$33	\$20	\$50
SATURDAY MORNING SOCIAL						
F.E.A.R.						

Groups that would like to read reports or bring up issues:

- Happy Havelock has been busy this last month. We had our business meeting and made a small format change. We have decided to use a 3-minute timer as a visual so we can have as many addicts share in the allotted time. We had 48 in attendance this last Friday and our homegroup members have been growing!

ANNOUNCEMENTS

- SENANA will be hosting Nebraska region on April 13th from 10:00 AM to 10:00 PM. There will be a NRCNA fundraiser directly following the Regional business meeting. More information will follow at the next ASC. Location is 4530 A Street here in Lincoln, NE. (Christ United Methodist Church)

FUTURE ASC MEETINGS

- Sunday March 3rd at 2:30pm – Eastridge Presbyterian Church
- Sunday, April 7th at 2:30pm - Eastridge Presbyterian Church

Area Service Committee Meeting (ASC)

**1st Sunday of the month; 2:30 pm.
Eastridge Presbyterian Church
1135 Eastridge Dr., Lincoln NE 68510**

Subcommittee Meetings:

**Literature: Every month before the ASC meeting at 1:30 pm
Eastridge Presbyterian Church
1135 Eastridge Dr., Lincoln NE 68510**

**Public Relations: 2nd Sunday of every month; 2:00 pm
Two Pillars Church
4000 Sheridan Blvd. Lincoln, NE 68506**

**Activities: 3rd Sunday of every month; 1:00 pm
City Impact
1035 N 33rd (33rd St. entrance) Lincoln, NE 68503**

**Policy: 4th Sunday of each month; 4:00 pm
The Mill Coffee Shop
330 S. 21st St. Lincoln, NE 68510**

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