

**What Is the
Narcotics Anonymous
Program?**

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean

Fellow Addict phone numbers:

DECEMBER 2022

Meeting Directory



**Southeast Nebraska Area
of
Narcotics Anonymous**

24 Hours a Day

Toll Free-Help Line:

888.347.4446

E-mail:

meetinglists@sena-na.net

**Mailing Address:
P O Box 80902
Lincoln NE 68501**

All meetings are an hour unless otherwise noted

O=open to anyone interested in NA

C=closed for addicts only

H=Handicapped accessible

CL=Candlelight

Sunday

7:00 pm:

Sunday Night Solutions; 1035 N 33rd St. (City Impact), Lincoln
O/Step /Tradition / Speaker Last Sun of month

Monday

6:30 pm

Hold U Up: 2001 S 11th street (Immanuel Lutheran Church west
entrance mtg in basement) O

8:00 pm:

Never Alone; 721 K St (The Bridge) 3rd Floor big room; O/H/

(Seward) Monday Night Miracles: 616 Bradfod st Seward Civic
Center basement; O/H/Txt stdy

Tuesday

6:00 pm: 90 min

Recovery At Work group;

1645 N Cotner blvd Bethany Christian Church enter on west side of
church O/lit study

7:30 pm: 90 min

Let It Out; 1144 M street, Saint Paul United Methodist Church,
southeast entrance rm 027 in the basement, O/H

Wednesday

6:45 pm: 75 min

Wednesday Night Wild Women; 4530 A street Christ United
Methodist Church Upstairs rm B O/H

also meeting via Zoom ID#8651791321 password ByMd5L

7:00 pm: 90 min

Boys to Men; 6520 Colfax Ave (Havelock Christian church)
O/H/Men's

Thursday

7:00 pm:

One Promise; 1333 N 33rd (Connection Point Church) O/H

(Fairbury) New Hope; 1111 K Street; American Lutheran
Church O/H

Friday

6:30 pm: 90 min

Happy Havelock; United Evangelical church 5945 Fremont st.
O/H/

8:00 pm:

Lost & Found; 1333 N 33rd (Connection Point Church) O/H

Saturday

9:00 am:

Saturday Morning Social; 4000 Sheridan Blvd (2 pillars
Church) O/H/Just For Today

7:00 pm:

Saturday Night Live; 721 K St (The Bridge) 3rd Floor small
room; O/H/

(Falls City) Face Everything & Recover;
1322 Stone st, O/H

Also mtg via Zoom (Meeting ID# 428-082-5175)

Password FEAR

Area Service Committee Meeting (ASC)

1st Sun of the month 2:30 pm;

Eastridge Presbyterian Church

1135 Eastridge Dr, lincoln

Subcommittee information.

info about activities and other helpful information

can be found on our website:

sena-na.net

Information for rest of the NE region visit:

nebraskana.org

Who Is an Addict?

**Most of us do not have to think
twice about this question.**

**We know! Our whole life and
thinking was centered in drugs in
one form or another—the getting
and using and finding ways and
means to get more.**

**We lived to use and used to live.
Very simply, an addict is a man or
woman whose life is controlled by
drugs.**

**We are people in the grip of a
continuing and progressive illness
whose ends are always the same:
jails, institutions, and death.**

KEEP

COMING BACK

IT WORKS!