

All meetings are an hour unless otherwise noted

O=open to anyone interested in NA

C=closed for addicts only or for those who feel they may have a problem with addiction

H=Handicapped accessible

CL=Candlelight

Sunday

7:00 pm:

Sunday Night Solutions; 1035 N 33rd St. (City Impact), Lincoln

O/Step /Tradition / Speaker Last Sun of month

Monday

6:00 pm:

Women's Step Study; 1035 N 33rd: (City Impact) C/H

8:00 pm:

Never Alone; 721 K St (The Bridge) 3rd Floor big room; O/H/Speaker Last Tuesday of month

Tuesday

6:00 pm: 90 min

Recovery At Work group;

1645 N Cotner blvd Bethany Christian Church enter on west side of church O/lit study

7:30 pm: 90 min

Let It Out; 1144 M street, Saint Paul United Methodist Church, (Southeast entrance) Room 027 in the basement, O/H (Masks required)

Wednesday

7:00 pm: 90 min

Wednesday Night Wild Women; 4530 A street Christ United Methodist Church basement O/H

also meeting via Zoom ID#8651791321 password ByMd5L

7:30 pm: 90 min

Boys to Men; 6520 Colfax Ave (Havelock Christian church) O/H/Men's 90 min

Thursday

7:00 pm: 90 min

One Promise; 1333 N 33rd (Connection Point Church) O/H

7:00 pm (Fairbury) New Hope; 1111 K Street; American Lutheran Church O/H

7:30 pm:

How & Why; currently being held via Zoom (Meeting ID# 221-038-915)

Friday

6:30 pm: 90 min

Happy Havelock Group; United Evangelical church 5945 Fremont sty. Masks required O/H/

8:00 pm:

Lost and Found 1035 N 33rd St. (City Impact) orange rm. O/H

Saturday

9:00 am:

Saturday Morning Social; 4000 Sheridan Blvd (2 pillars Church) O/H/Just For Today

7:00 pm:

Saturday Night Live; O/H(stp/trd) First Baptist Church 1340 K St N alley entrance downstairs.

7:00 pm

Sat (Falls City) Face Everything & Recover (FEAR); 1322 Stone St, O/H Also meeting via Zoom (Meeting ID# 428-082-5175)

Password FEAR

Mailing Address for all SENANA meetings:

P O Box 80902; Lincoln, NE 68501

**South East Nebraska Area of
Narcotics Anonymous
Area Service Committee Meeting (ASC)**

1st Sun of the month; 2:30 pm; 1035 N 33rd St. (City Impact), Lincoln

Subcommittee Meetings:

Literature: Every month before the ASC meeting at 1:30 pm;

Hospitals & Institutions (H&I): 2nd Sunday of every month; 1:00 pm; 1035 N 33rd(33rd st entrance)

Activities: 3rd Sunday of every month; 1:00 pm; 1035 N 33rd(33rd st entrance)

Public Information (PI): 12:00 noon the Saturday before the ASC Meeting; 4000 Sheridan 2 Pillars Church

Policy: Please check the webpage below for information on this committee's schedule

How It Works

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than our-selves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

KEEP

COMING BACK

IT WORKS!