

## SENANA ASC Meeting February 4<sup>th</sup> 2019

### ATTENDANCE:

Chairperson:	John R.	Present
Vice chair:	Open	
Secretary:	Stephanie	Present
Treasurer:	Jeff	Present
RCM:	Chad	Present
RCM -Alt:	Open	
H&I:	Herman	
P.I:	Sam	Present
Literature:	Bekka	Present
Activities:	Open, David - Appointed	Present
Policy Chair:	Open, John – Appointed	Present

Sunday Morning Reflections	Jan	Present
Sunday Ladies and Gents	Dave	Present
Sunday Night Solutions	Jordan	Present
Sunday 1st Step Mission	Darrel	Present
Sunday New Way to Live, David City	Wes	
Monday and Friday Back to Basics	Alex	Present
Monday Women's Step Meeting	Shannon	Present
Monday Road to Recovery	Mike	Present
Tuesday Show Me How to Live	Jasmine	Present
Tuesday Let it Out	Megan	Present
Tuesday Never Alone	Nikki	Present
Tuesday Recovery at Work	Kamron	Present
Wednesday Night Wild Women	Kimberly	
Welcome Home Nebraska City	Zakery/Stephanie-proxy	
Wednesday Boys to Men	Jeff	Present
Wednesday Welcome Home	Steve-proxy	Present
Wed. Noon – Practicing These Principles		
Thursday Noon at Antlers		
Thursday How & Why	Gary	Present
Thursday One Promise / SNL	Ryan	Present
Thursday New Hope, Fairbury		
Thursday Crazy about Recovery, Tecumseh		
Friday Happy Havelock		
Friday Lost and Found	Eric	Present
Friday Nebraska City Flockers		
Saturday Morning Social	Debbie	
Saturday Night Live	Seth	Present
Saturday Night Serenity	Sam	Present
Saturday Turning Point, Hebron	Brady	
Saturday Room to Grow, Crete	Ethan	Present
Saturday ESH Nebraska City		

Visitors: Corey, Sash

### Groups that would like to read reports or bring up issues:

- Sam read his group report.

Motion to approve January 2019 Minutes: Steve. Seconded by Dave. Minutes Approved.

Motion to approve January 2019 Treasurer's Report: Motion to approve Treasurer's Report: Steve. seconded by Nikki. Treasurer's Report Approved.

January-2019				
Income Group	Amount	Expenses Purpose	Amount	Check #
Sunday Morning Reflections	\$ 20.00	ASC Rent (monthly)	\$25.00	994
Sunday Night Ladies & Gents	\$72.10			
Sunday Night Solutions	\$81.25	P.O. Box Rent (annually)		
Mon/Fri Back 2 Basics				
Monday Women's Step Study	\$11.00	Public Information	\$214.48	993
Monday Road to Recovery				
Tuesday Show Me How To Live		H&I--Literature Only		
Tues Vets				
Tues/Thurs T & T		XC Expenses		
Tuesday Night Let It Out	\$10.00			
Tuesday Night Never Alone		RCM Travel to RSC	\$22.50	996
Practicing These Principles				
Wednesday Wild Women		H&I Rent (monthly)	\$25.00	997
Wednesday Boys To Men	\$100.00	& training		
Wednesday Welcome Home	\$30.00			
Thursday Noon at Antlers		Literature Rent (monthly)	\$25.00	995
Thursday One Promise/Saturday Night Live				
Thursday Night How and Why				
Friday Night Happy Havelock	\$116.00	Policy Rent (quarterly)		
Friday Night Lost and Found	\$20.00			
Friday Night Candlelight				
Saturday Morning Social				
Saturday Room To Grow		<b>Other Expenses</b>		
VA 4 Recovery				
Turning Point - Hebron activities subcommittee		ASC Secretary-Mailings		
7:30 Crete		H & I Training		
RAW	\$30.00	US Postal Service		
		H&I reimbersment		
		Region Donation	\$1,200.00	998
<b>Other Income:</b>				
		<b>Total Expenses</b>	\$1,511.98	
<b>Total Income</b>	\$490.35	<b>Previous Balance</b>	\$2,020.57	
		<b>Income - Expenses</b>	-\$1,021.63	
<b>Cash Outlay</b>		<b>New Balance</b>	\$998.94	

## **EXECUTIVE COMMITTEE REPORTS**

**Chair:** No Report

**Vice Chair:** No Report.

**Secretary:** As submitted.

**Treasurer:** As submitted.

**RCM:**

### **SENANA RCM Report – February 2019**

Hello SENANA. I want to thank this area for the opportunity to serve in the capacity of RCM. There were a great many things I learned during this term. I have heard through the grapevine that there are people interested in taking over this position so our voice will continue to be carried to & from region.

Here is the information from the last region

- **Proposal #1:** Nominate Brenda D. for Alternate RD.

Intent: Nomination

Financial Impact: \$0.00

Submitted By: Tracy K.

Please Take This Back to Your Groups for A Vote (Bio Below). Nominations for Alternate RD are now closed.

Bio for Brenda D.: Hello NA Family, my name is Brenda and I'm a grateful recovering addict. I have been clean since February 24, 2005. I have and use a sponsor and I work my steps with her and a group of fellow recovering women. I attend my homegroup and other meetings in my Area on a regular basis. I have a working knowledge of the 12 Steps, 12 Traditions, and 12 Concepts. I also sponsor other women in recovery. I am a trusted servant to the Central Nebraska Area and have served on several group and Area sub-committees. I was previously the Fundraising & Entertainment Chair for NRCNA 35. I am active in our Area H&I (service and business levels) and participated with the Multi-Zonal Service Symposium held in Bellevue in 2018. I served as Alt. RCM for my Area. I have facilitated workshops and feel my communication skills would be an asset to this position. I would be honored to serve as Alt. RD to help carry the message back to our Region. I feel that with my willingness to learn and my experience and familiarity of Region business meetings, will be an asset to this position. In Loving Service, Brenda D.

- **Proposal #2**: Any meeting that distributes and/or makes available non- NA approved literature will be removed from the Regional Meeting list. In addition, any groups identified by the criteria listed above, will not be allowed to list any activities/functions on the Regional website. This change should be reflected in the Regional Policy.

Intent: To support the 12 Traditions & 12 Concepts of NA Service.

Financial Impact: \$0.00 Submitted

By: Seth R. (EVANA) Please Take This Back to Your Groups For A Vote.

## **Discussion relating Proposal #2** (copied from the *General Discussion* section of the Jan. 12 NRSC minutes)

- Illicit literature is being passed around in some groups in our Areas.

A discussion was held on removing the groups from the meeting lists, functions, and flyers. It was brought up that the Area's/Group's trusted servants are the ones who are responsible for following our Traditions and Concepts in service. These should be reinforced. If there is a problem, this should be dealt with within our Areas before escalating this to the Region level. This discussion was brought up by Brent D. from Columbus, pertaining to several groups that have had this illicit literature present in home groups brought in by seasoned members of NA, not newcomers. Several options were suggested for action such as implementing policies at the Region level for how to deal with these situations, as they have been a long time, reoccurring issue that has come up in previous years. It was suggested that creating a policy for this would help future groups, members, and Areas to deal with this situation better. - Brian S.: "I received some calls from a few people and attended an Area meeting to help guide and direct an Area for their business meetings and the issues that they are having to help resolve them. After the business meeting some unapproved literature "baby blues," were laying on the table in the meeting facility. I believe that we have had swept this under the rug and it has been discussed in previous business meetings. We have to, as a Region, discuss the illicit literature in our meetings being handed out. These are in direct violation of Tradition 6 and can be doing a lot of damage to our Region, meetings, and newcomers. We need to take a stand to follow our Traditions." -Brent D. "It is disunifying to our groups when newcomers in the program, who do not know any better, come into our Area. We do not have solutions for this." It was mentioned by several members that this is also copyright infringement being committed and is above and beyond us as a Region. This possibly should be brought to the attention of World. NAWS can be contacted to have a cease and desist order to be sent to the facilities that are receiving the illicit literature (as they have in the past) but, this may create situations that the facilities would not want to be involved in. They may not allow us into the facility afterwards. -Monica T. stated, "We have to find a way to lovingly let the newcomers know what the NA program is and the difference between our program and this literature being presented. We also need to figure out if we are going to be putting these groups on the website or meeting lists." "This was going on years ago when I got clean and a cease and desist order was given in the state of California at one time from NAWS. We cannot stop somebody from doing stuff illegally but, we do have the responsibility to not participate as a member of Narcotics Anonymous. Also to protect this for the next people that come in. We do not endorse the cause of these things. We can remove this from our meetings by moving it to the other room or have a conversation with someone about bringing this material in. In our concepts (#8), our service structure depends on the integrity and the effectiveness of our communications. We must have a clear message for the newcomers." The only policy that pertains to this issue in our Guidelines is on page 10, Section VI "Resignations Or Removal Of Trusted Servants"(there is an error in our Guidelines; there are two section 'VII' resulting in the following sections to be misnumbered. It has been reported to the new policy chair).

● **Proposal #3**: Passed down from Zonal on January 27th, 2019. To have the next Plain States Zonal meeting in Dallas, TX on January 24-27, 2020.  
Intent: To collaborate with two other zones in Dallas and will include a CAR and CAT workshop.  
Financial Impact:  
Submitted By: Brian S. (RD) Please Take This Back to Your Groups For A Vote.

● **Proposal #4**: Approval of the Revised Guidelines and Policy for the Plains State Zonal Forum.  
Intent: To approve these for use at the Plains State Zonal Forum.  
Financial Impact: \$0.00 Submitted  
By: Brian S. (RD) Please Take This Back to Your Groups for A Vote.

Guidelines BELOW

**PLAINS STATES ZONAL FORUM GUIDELINES AND POLICY**

Revised Draft 2018 Purpose: The Plains States Zonal Forum provides access and avenue for communication between member Regions, other Zonal Forums and Narcotics Anonymous World Services. Providing services to our member Regions, we share best practices, experience, and resources with each other in furtherance of carrying the message of Narcotics Anonymous. We can do together what we cannot do alone.

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1. SPIRITUAL GUIDANCE FROM: ARTICLE ONE

- a. A loving higher power
- b. 12 Traditions of Narcotics Anonymous
- c. 12 Concepts of Narcotics Anonymous
- d. PSZF guidelines and policy
- e. A Guide to World Services in Narcotics Anonymous
- f. A Guide to Local Service in Narcotics Anonymous
- g. Appropriate Workgroup handbooks or guidelines that are conference approved and current

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2. MEETINGS: ARTICLE TWO

- a. There shall be a minimum of two meetings per year
  - i. Workshops and projects on Saturday
  - ii. General business and reports on Sunday – if possible
- b. Host region’s delegate or alternate will facilitate – this will include acquisition of meeting space, entertainment, food and supplies deemed necessary for the event to be self-supporting and meet the needs of that particular function
- c. If a need arises, additional meetings may occur
- d. All meetings are non-smoking

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3. MEMBERSHIP: ARTICLE THREE

- a. Any member of NA may attend and participate in discussions
  - b. Any member may introduce business by way of the facilitator
  - c. Any member may participate in the decision-making process (This is at the discretion of the member regional delegates)
  - d. Member Regions, (see GLS pg.vii) are the Narcotics Anonymous service bodies that comprise membership in the Plains States Zonal Forum. A Narcotics Anonymous Regional service body may request membership by sending a representative(s) to the PSZF. Regions requesting membership will be accepted/rejected/recognized by a vote of the current member Regions.
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4. OFFICERS: ARTICLE FOUR

- a. Facilitator - conduct general business meeting, assign members and be point of contact for ad hoc Workgroups
  - b. Secretary - will record and distribute minutes and will receive and distribute all correspondence to the participant list and be responsible for sending out material to those outside of our zone (e.g. NAWS, other zones and regions)
  - d. Treasurer – maintain finances Note: Officers and Standing Workgroup Coordinators shall be elected every two years. Officers and Workgroup Coordinators are required to attend each PSZF meeting.
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5. ELECTIONS: ARTICLE FIVE

- a. Vacant positions shall be taken back to Groups, Areas, and Regions when possible
  - b. All candidates should have the following:
    - i. A working knowledge of the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous
    - ii. Willingness to serve
    - iii. Willingness to give time and resources necessary to fulfill duties required
    - iv. Previous Zonal participation (may be waived)
  - c. In addition the following requirements are needed:
    - i. Facilitator – (5 years clean time)
    - ii. Secretary (3 years clean time)
    - iii. Treasurer (5 years clean time)
    - iv. Workgroup Coordinators (3 years clean time)
  - d. Duty related skills may be appropriate. (e.g. Secretary, Treasurer)
  - e. Removal of officers, coordinators: See Section 7 “Business Conduct”
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6. Workgroups: ARTICLE SIX

- a. The Zone may form Workgroups to help accomplish tasks assigned by the Zone
- b. Workgroups shall perform duties in accordance with Zonal policies and the spiritual guidelines outlined in Section 1 “Spiritual Guidance”
- c. Standing Workgroups shall include (if necessary) Public Relations and Sponsorship Behind the Walls.
- d. Ad-hoc Workgroups may also be formed at the discretion of the Zonal members and monitored or

coordinated by the PSZF Facilitator.

e. Specific duties for the committees and their specific requirements: (See Section 10 “Workgroup Guidelines”)

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## 7. BUSINESS CONDUCT: ARTICLE SEVEN

- a. To aid Groups, Areas, and Regions in their primary purpose to carry the message of Narcotics Anonymous
  - b. That all points of view be heard
  - c. That spiritual, financial and duty related accountability be reported each Zonal business meeting.
  - d. To accomplish an expeditious forum, an agenda must be followed
  - e. Identification of topics, discussion and solutions or decisions must be handled in a timely fashion
  - f. All business is done in a consensus based decision making process (See Section 12 “Decision Making”)
  - g. Elections and financial issues will be in old business
  - h. There will be a quorum of  $\frac{2}{3}$  member Regions in order to conduct business
  - i. Failure to attend 2 consecutive meetings by any elected officer or Coordinator will necessitate their replacement. Officers and Coordinators serve at the pleasure of the member Regions and may be removed from position by consensus of the Regional Delegates.
  - j. To encourage responsible behavior at each event
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## 8. FUNDS: ARTICLE EIGHT

- a. The Zonal Treasurer is accountable for the receiving of monies and expenditures of the Zone
  - b. New Treasurer will open account in local bank, with the least amount of fees, within 30 days of their incumbency
  - c. The Zone is self-supporting
  - d. The checking account is maintained and all funds be processed through this account.
  - e. A budget of all expenses shall be produced every two years for a two year cycle and approved by our member regions.
  - f. The Zone shall maintain a prudent reserve of 20% of the approved budget.
  - g. At the end of business all funds over the prudent reserve shall be passed to NAWS.
  - h. A donation will be made to NAWS via the debit card within one week of a Zonal meeting.
  - i Only donations from Narcotics Anonymous members, groups, areas, and regions will be accepted.
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## 9. ZONAL MEETING, FUNCTION, FUNDS GUIDELINES: ARTICLE NINE

- a. Start-up funds for PSZF event will be determined by the amount approved in the budget.
  - b. Funds over and above the allowed budget will need approval from the PSZF body.
  - c. PSZF event schedule shall include:
    - i. Friday pm - recovery meeting
    - ii. Saturday – 3-4 workshops
    - iii. Saturday pm - speaker meeting and auction/raffle
    - iv. Sunday am – PSZF business meeting
    - v. Friday morning/afternoon PR event planned by the hosting Region is optional
  - d. Workshop topics will be selected by the hosting Region. Workshop presenters will be chosen at the PSZF meeting prior to the current event.
  - e. Unused start-up funds will be returned by hosting Region to PSZF.
  - f. Non-PSZF merchandise may be sold after all PSZF fundraising is complete
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## 10. Workgroup GUIDELINES: ARTICLE TEN

- a. Requirements for all Workgroup Coordinator Positions:
    - i. Follow requirements listed under Section 5 “Elections”, Part b., Items i. through iv. & Part c., Item v.
    - ii. Coordinators must attend the PSZF in person or virtually.
    - iii. Must submit a written report to PSZF at every Zonal. Failure to submit a report to any two consecutive PSZF meetings would necessitate a replacement.
  - b. Requirements for the Public Relations Coordinator position:
    - i. To research and maintain a list of upcoming professional conferences within the Zone
    - ii. Collaborate with other service bodies to provide resources for PR booths and/or presentations at professional conferences within the Zone.
    - iii. Maintain a list of current human resources within the Zone.
    - iv. Act as liaison between NA World Services PR and PSZF body.
  - c. Requirements for the Information Technology Coordinator position:
    - i. Maintain and schedule the conference call account for the zone.
    - ii. Keep website updated with:
      1. Archive Minutes
      2. Calendar of Events, location of events, Zonal Forum functions
      3. Regional Events
      4. Guidelines
      5. Trusted servant password protected area
      6. Workshop information from individuals within our Zone and “Locally Developed Resources”
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## 11. DECISION MAKING ARTICLE ELEVEN

- a. Definition: Consensus Based Decision Making
    - i. Consensus is defined as the decision-making process used by the PSZF in which discussion and compromise are used to reach agreement.
  - b. Procedure: Consensus Based Decision Making
    - i. Proposal / Topic is introduced
    - ii. The dialogue begins with the maker of the proposal / topic.
    - iii. Facilitator asks for clarifying questions to ensure all participants understand the proposal/topic (not general discussion)
    - iv. Facilitator asks for concerns or reservations. This is the time for general discussion and modifications to the topic/proposal.
    - v. Facilitator may determine that consensus has been reached or ask the body for consensus
1. There are four (4) positions an RD may take on a proposal / topic.
    - a. ASSENT: Agree with proposal / topic.
    - b. ASSENT with RESERVATION: Although there are reservations or concerns, the individual will trust and go along with the body’s decision.
    - c. STAND ASIDE: Based in strong personal reservations which prevents support for the proposal / topic.
    - d. BLOCK: (NO) Based on spiritual principles expressed in our Traditions or Concepts. A block must be followed by speaking to the specific Tradition or Concept, which would be violated. A block will prevent a proposal / topic from being adopted. • A block may be overridden by the body: If the validity of a block is not questioned, the block will stand and the proposal / topic is not adopted. If the validity of a block is not questioned, the body must then reach consensus on whether the block should stand. The same process is used for this as for reaching consensus on the proposal / topic. If the block is overridden, the facilitator will again ask for consensus on the proposal / topic.



2. CONSENSUS is reached when 80% of the RDs Assent or Assent with Reservation. The number which represents 80% shall be determined based on the number of RDs present at the start of old business



12. ZONAL NOMINATIONS TO THE WORLD SERVICE CONFERENCE ARTICLE TWELVE a. Any nominees for WSC Co-Facilitator, Human Resource Panel Member or World Board Member must:
- i. Meet the qualifications of position as outlined in the current Guide to World Services
  - ii. Have completed a current World Pool Information Form
  - iii. Understand the qualifications, terms and duties of each position.
- b. Potential candidates must be added to the agenda of the Plains State Zonal Forum business meeting.
  - c. Potential candidates must be nominated by a current RD of the Plains State Zone.
  - d. Potential candidates must submit a service resume to the PSZF.
  - e. Service resume of nominees will be made available to all regions for review.
  - f. Nominee must be available to answer questions by phone and/or email by members of any region.
  - g. All nominees must be elected by 80% of those present and voting.
  - h. PSZF will submit nomination(s) to the World Human Resource Panel prior to the required submission date with required forms and/or a zonal letter of recommendation.

**NEXT REGION WILL BE APRIL 13TH 2019 IN GILTNER, NE. GENERAL ASSEMBLY STARTS AT 11:00 A.M.**

Thank you, Chad J.

**SUBCOMMITTEE REPORTS**

**HOSPITALS & INSTITUTIONS:**

Hello SENANA, the N.A. message continues to get carried into the following facilities The bridge detox "coed", Touchstone "coed", York women, LCC men and women and currently in the process of establishing a panel for NSP. We meet every 2nd Sunday and discuss our business meeting at city impact at 1pm all our welcomed to attend. In loving service Herman P.

**POLICY:** I did get our guidelines updated and ready for printing. I did forget to print them. The secretary will have an electronic copy to include in the minutes and I will bring printed copies to the next ASC.- Jon

**LITERATURE:**

Hello family, As always, thanks for those who were able to get their orders submitted early. We are still receiving some orders totaled with the old prices. Please make sure you are using an updated price list to total your orders. Please include the name of your group and the added total with orders that you submit, THANK YOU!

We have printed copies of A forthcoming IP; Mental Health/Mental illness IP project. Currently out for review, feedback, and revision. This is a rough draft to be reviewed by members who may submit feedback regarding this forthcoming IP. This is NOT NAWS approved and should not be treated as such. Thanks, Literature committee

**PUBLIC INFORMATION (PI):**

Public Information report Feb 3rd 2019

- 4 people in attendance
- No changes to meeting lists
- Lists were printed and began being delivered to locations in community that we give lists to every 90 days
- Some discussion in our meeting about giving rides to guys in work release program. general consensus was this is not something for PI committee to take on.

In service Sam S

**SENANA PI**

**Financial Assessment**

**February 2019 (billings for January 2019)**

Amount		Due Date		Owed To		Comments
\$108.14		19-Feb-19		Grasshopper Phone System		Provider of phoneline answering services.
\$31.34		4-Feb-19		Windstream Communications.		Local phone line and all LOCAL Yellow & White
\$139.48	Total amount owed			Balance On Hand	\$0.00	
\$0.00	Amount of "Balance On Hand" applied.					
\$139.48	Amount of check needed today.					
Annual Budget: Feb 18 - Feb 19		\$3,945.00	Annual Budget as a monthly figure.		\$328.75	
Remaining amount of Annual Budget prior to this month:		\$2,307.40				
This months expenses:		\$139.48	Number this month is in Annual Budget cycle		12	
Remaining amount of Annual Budget carried forward:		\$2,167.92				
YTD amount under/over budget.		-\$2,167.92	Negative number reflects Under and Positive number reflects Over			
In trusted service, John R.						

## ACTIVITIES:

Good afternoon activities last met on January 20th, 2019. There were 7 members and 3 visitors in attendance. We reviewed and approved the old minutes and the treasurer's report. The final balance was 473.75.

In old business, we discussed the Merry Clean-mas and New Year's. We had a lot of help for cleanup that was appreciated. We discussed making an announcement about keeping an eye on your belongings, as things have been coming up missing. We also went over our next event, the Sweet Treat Dance, Feb 16th at City Impact. Please bring a sweet treat for the raffle!

In new business, we looked at new shirt designs for 2019. We also talked about having a greeter at events to help welcome newcomers.

We picked our speakers for the Principles before Personalities Speaker Jam on March 23rd at City Impact. We have 5 out of town speakers and 1 local. Please bring your best soup! Speakers include:

Kallie H. - St. Joe - Humility  
Kaylie P. - Omaha - Willingness  
Tom Cat - Hastings - Open-mindedness  
Tom B. - Omaha - Gratitude  
Brady T. - Hebron - Unity  
Kamron I - Lincoln - Acceptance

Back up speaker - Breann

In open floor we discussed the many open positions available including Chair, Vice-Chair, Secretary. David doesn't know how long he will be able to fill in at area. Please come and check us out!

2019 Upcoming Events for SENANA in Lincoln, NE\*

**Feb 9th -Bowling - Hollywood bowl, Meeting @ 6 pm, bowling to follow**

**Feb 16th - Sweet Treat Dance - City Impact - 5-10pm**

**March 9th - Bowling - Hollywood bowl, Meeting @ 6 pm, bowling to follow**

**March 23rd - Soup Contest/Speaker Jam - City Impact - 1-4pm**

**April 6th - Spring Into Recovery - Bethany Park - 5-9pm**

**May 4th - Back to Basics Campout - Wildwood**

**June 8th - Party in the Park - 11-3pm - Peter Pan Park**

July 20th or 21st - Swimming Party/Speaker - Woods Pool

August 24th - Games in the Park -Peter pan- 5-8pm

Sept. 21st - Learning Day - 2-4pm

**Oct. 19th - Fall Back to Basics Campout - Wildwood**

Oct. 26th - Halloween Dance - City Impact

**Dec. 21st - Merry Clean-mas - City Impact**

**Dec. 31st - New Year's Eve Dance - City Impact**

\*Dates are subject to change

we meet next month on Feb 17th at 1:00pm at City Impact

January 2019		<u>Activities Report</u>		
<b>Income</b>		<b>Expenses</b>		
	<b>Amount</b>	<b>Purpose</b>	<b>Amount</b>	<b>Check #</b>
		<u>Rent</u>		
		Jan	\$50.00	1383
<u>Area Start Up</u>		<u>Venue</u>		
		SIR & PITP	\$170.00	1387
		<u>Food</u>		
<u>Suggested Donation</u>				
		<u>Soda/Coffee/Water</u>		
<u>Drink Sales/Coffee Donation</u>				
		<u>Decorations</u>		
<u>Raffle Ticket Sales</u>				
		<u>DJ/Band</u>		
<u>7th Tradition</u>		<u>Games</u>		
bowling	\$13.00			
<u>Bake Sale</u>		<u>Misc. Supplies</u>		
<u>Other Income:</u>				
		<u>Other Expenses</u>		
		Area Donation		
		Area Donation		
		NRCNA Donation		
		Literature Order		
		<b>Total Expenses</b>	\$220.00	
		<b>Previous Balance</b>	\$693.75	
<b>Total Income</b>	\$13.00	<b>Income - Expenses</b>	-\$207.00	
<b>Literature Order (cash)</b>		<b>New Balance</b>	\$486.75	
<b>Cash Outlay</b>		<b>Literature Balance</b>	\$0.00	
<b>Bank Deposit</b>	\$13.00	<b>Actual Balance</b>	\$486.75	

## NOMINATIONS

**Nomination #1: Chad J. is nominated for Policy Chair.** Nominated by Recovery at Work, 2<sup>nd</sup> by Ethan. See service bio below. **VOTE IN GROUPS**

My name is Chad J. (Lincoln) & I'm an addict. My clean date is 3-10-2008. I accept the nomination of POLICY CHAIR for S.E.N.A.N.A. I have an N.A. Sponsor and have a working knowledge of the 12 steps. I attend and serve my home group, Recovery at Work, and have since it began.

I have served the SENANA fellowship in a variety of ASC executive & subcommittee positions to include ASC Chair, Activities Treasurer, Literature Chair, Policy subcommittee, Public Information member, and Hospitals & Institutions volunteer. I am the currently serving as the RCM for this area. The service resume below speaks for itself.

The list of service position commitments I have accepted, and more importantly fulfilled, are as follows:

- March 2009 – January 2010--GSR Thursday Noon @ Antlers
- January 2010 – January 2012--SENANA Literature Chair
- January 2011 – August 2011 “Area Inventory” Ad-Hoc Chair
- January 2012 – January 2013--GSR Ladies & Gents
- January 2013 – January 2014 --Treasurer Ladies & Gents
- January 2013 – January 2015 –Treasurer SENANA Activities
- January 2013 – January 2015 – Chair SENANA ASC
- May 2015 – December 2015 – GSR Ladies & Gents (Finished someone else's commitment)
- February 2016 – April 2017 – RCM ALTERNATE SENANA
- July 2016 – October 2017 – Merchandise Chair - NRCNA 34 Regional Convention
- April 2017 – April 2019 – SENANA RCM
- January 2018 – September 2018 – Alternate GSR Boys to Men Group
- June 2018 – Present – RAW Group Treasurer

**Nomination #2: David N. is nominated for ASC Chair.** Nominated by Sunday Night Solutions, 2<sup>nd</sup> by Ryan. See service bio below. **VOTE IN GROUPS**

Clean Date 6/23/2012 - I have a willingness to serve as Chair. I go to several meetings a week. I have a sponsor and am working the steps. I have been a member of activities committee serving as treasurer for several years. I am H&I certified and have carried the message in LCC, NSP, Touchstone, and Detox. I served as GSR for Happy Havelock from Oct. 2015-Oct.2017. I have attended area on a regular basis since becoming a member of Narcotics Anonymous and have previously served as treasurer for the ASC. I am willing and able to serve for the duration of the term. In loving service, David N.

**Nomination #3: John H. is nominated for RCM.** Nominated by Sunday Night Solutions, 2<sup>nd</sup> by Jeff. See service bio below. **VOTE IN GROUPS**

Hello, my name is John Housel and this bio is for my nomination for RCM. My clean date is September 11, 2008. I have 10 years clean as of February 3rd 2019.

I work with a sponsor and my home group is Sunday Night Solutions. I am actively doing step work and I am familiar with the twelve traditions of NA.

I have been active in NA for the full ten years I have been clean but for most of the time I have been clean, I have worked in other states. This has prevented me from holding committed service positions in my home area in the past. As of 2018, I started working in the Lincoln-Omaha area and will continue to work here. This job change has given me an opportunity to be of service in my area. This was one of the reasons I made the change. I am currently H&I trained and have carried the message of NA into facilities.

I am familiar with the regional meetings as I did fill in one time for the current RCM and met the other regional members. I had an opportunity to become familiar with the format of the regional meeting at this meeting.

I have a reliable vehicle and will have no problem traveling to these meetings.

I thank you for your consideration

John Housel

**Nomination #4: Kimberly R. is nominated for RCM.** Nominated by Tuesday Noon, 2<sup>nd</sup> by Dave R. See service bio below. **VOTE IN GROUPS**

Hello Family, my name is Kimberly, I'm an addict. I accept the nomination for RCM. I have been clean since 7-12-04. I have served in numerous service positions including GSR of my current home group. I have been Alt RCM, RCM, GSR, Treasurer and secretary of previous home groups. I have worked the steps numerous times with a sponsor. I have a working knowledge of the steps, traditions and concepts. In Loving Service, Kimberly.

**Nomination #5: Dave R. is nominated for ASC Vice Chair.** Nominated by Ladies & Gents, 2<sup>nd</sup> by Dave R. See service bio below. **VOTE IN GROUPS**

Hello family my name is Dave and I am an addict. This is my resume for my nomination for Area Vice Chair.

I have served my home group at every position. I have a working knowledge of the 12 steps, traditions and concepts. I have a sponsor who has a sponsor. I have been clean since March 8<sup>th</sup> 2003.

I have an understanding of the guide to local service. I have served and fulfilled as Area Policy Chair, 2 terms as Area Chair, 2 terms as Area Vice Chair. I have served on several ad-hoc committees as well as on several convention committees.

I am willing to serve as Area Vice Chair.

In Loving Service  
Dave R.

## ELECTIONS-None.

Open positions are listed below. PLEASE SEND NOMINATIONS!!!

- Chair
- Vice-Chair
- RCM
- Alt RCM
- Activities Chair
- Policy Chair

### *EXECUTIVE COMMITTEE TIMELINE*

Executive Position	Service Member	Date Started Position	Ending Date for Position	When Positions Open at ASC
ASC Chair	Open			
ASC Vice-Chair	Open			
Secretary	Stephanie	October 2017	October 2019	July 2019
Treasurer	Jeff	April 2018	April 2020	January 2020
RCM	Open			
Alt-RCM	Open			
H & I	Herman	October 2018	October 2020	July 2020
PI	Sam	November 2018	November 2020	August 2020
Literature	Bekka	March 2018	March 2020	December 2019
Activities	Open			
Policy	Open			

## OLD BUSINESS-None.

## OPEN FLOOR

- ❖ **Tuesday Noon Meeting:** Jasmine-Last month I got handed the bag for this meeting. This past month, there has been only 1 meeting with outside attendance or where there has been someone of the opposite sex show up. Currently, I feel like I am chairing a men's meeting because it is just The Bridge treatment center people attending and I feel uncomfortable as the only female. Members discussed options such as H&I involvement or closing the meeting. Guidelines regarding H&I meetings as well as holding meetings at facilities during working hours were also brought up.
- ❖ **Regional Motion regarding unapproved literature & meetings:** Sam-Our Regional delegate attended a meeting in our region. At that meeting, there were several pieces of literature that are currently not considered NA approved literature being not only layed out on tables but also being used as readings in that meeting. Through a lot of discussion, the motion to remove meetings that choose to do that from the list came about. While at the time I personally felt, it was a good idea because I do believe in our literature and traditions and concepts, there are however a few things that aren't in the motion that I think groups need to look at. One is who is going to "police" this? Also, is there a time frame regarding how soon or how long a meeting will be taken off for? If we just vote yes, we are kind of making a blanket vote that doesn't address other issues that may be important. Further discussion was had. Dave pointed out that groups are autonomous. The motion at hand is whether we as an area support the proposal, not necessarily whether this meeting is right or wrong.

*I have included an excerpt from the NRSC discussion relating to this proposal  
It is in the RCM's report under Proposal #2.  
In Loving Service, Stephanie H.*

- ❖ **Work Release:** Gary-I've recently had some calls on the hotline from guy at work release that are wanting guys or gals that can help pick up and get them to meetings. Jon-As Narcotics Anonymous, we can't go to a facility and say "We'll transport your people" as a legal liability issue. Sam-At work release is they call it "sponsorship" and it is not what we consider sponsorship to be. It is a very lengthy process with paperwork, you have to be validated, etc. Say Kameron is at work release. I fill out all the paperwork and say I now sponsor Kamron and am his driver. When I take him to a meeting, work release transfers him to me and I am now responsible for him. Just want people to be aware of what is being asked of them when asked to sponsor someone at work release.

## NEW BUSINESS:

- ❖ **MOTION #1:** To approve the SENANA Activities 2019 budget.

**Intent:** To provide transparency and accountability in regards to financial resources to members of our fellowship.

**Submitted by:** David N. **Seconded by:** Jordan H.

**Financial Impact:** Yes, though no change in budget. **Change in Policy:** yes

### **VOTE IN GROUPS**

#### **2019 Activities Committee Budget**

Prudent use of Activities funds necessary for the events scheduled

**Feb 16th - Sweet Treat Dance - City Impact**

**March 23rd - Soup Contest/Speaker Jam - City Impact**

**April 6th - Spring Into Recovery - Bethany Park**

**May 4th - Back to Basics Campout - Wildwood**

**June 8th - Party in the Park - 11-3pm - Peter Pan Park**

July 20th or 21st - Swimming Party/Speaker - Woods Pool

August 24th - Games in the Park -Peter pan

Sept. 21st - Learning Day

**Oct. 19th - Fall Back to Basics Campout - Wildwood**

Oct. 26th - Halloween Dance - City Impact

Dec. 21st - Merry Cleanmas - City Impact

Dec. 31st - New Year's Eve Dance - City Impact

Literature

\$150 start-up as needed from the ASC

- ❖ **MOTION #2:** To approve SENANA PI budget.

**Intent:** To provide funds for PI to conduct business and allow the fellowship to be aware of the costs.

**Submitted by:** Sam S.. **Seconded by:** Kamron I.

**Financial Impact:** Yes, but budget is same as 2018. **Change in Policy:** yes



**SENANA PI Subcommittee**  
**Annual Budget Fiscal Year 2019 (Feb 19 – Jan 20)**

Current Suppliers of goods and or services:

Suppliers are subject to change due to company actions or at the discretion of the Subcommittee.

**Grasshopper Phone System**

Provider of phone system used for Hotline answering service

**Windstream Communications**

Provider of local phone number for Hotline

Provider of White and Yellow pages listings for Lincoln area

**“In-house” and/or “Vendor” printing needs**

Printing services done by PI Subcommittee and/or outside Vendor (to be determined) to include;

Meeting Lists, Fliers, Mailings etc

**Name.com & InMotion Hosting**

Provider of website hosting

**Budget Breakdown per Supplier and Action:**

**Grasshopper Phone System**

\$1,320.00 (\$110.00 per month)

**Windstream Communications**

Phone number and Lincoln Yellow Pages: \$540.00 (\$45.00 per month)

**“In-house” and/or “Vendor” Printing**

\$600.00 Annualized, as monthly costs are unknown.

**Website costs**

\$140.00 Annual fees

**Training day Costs & associated rents**

\$300.00 Annualized, as monthly costs are unknown.

**PI Quarterly Mailings, other printed or purchased items as ‘outreach’, ‘presentation’ and/or ‘resource’ costs.**

\$500.00 Annualized, as quarterly costs are unknown.

**Travel Budget to attend RSC**

\$150.00 (\$37.50 per RSC)

**Behavioral Health Conference in May**

Booth rental, literature and meeting list costs. \$395.00

**Total Annual Budget amount submitted for approval: \$3,945.00**

The 2019 budget was \$3,945.00 & actual 2018 expenses were approx. \$2,167.50 under budget due to:

Continued reduction in need to provide printed copies of meeting lists to places requesting them.

Continued “In-House” printing by a Subcommittee member as opposed to using a “Vendor”.

Some forecasted budgeted items either did not take place or were less than the estimated amount.

Our 2019 budget is the same as the 2018 amount.

**Below are the comparisons of each Supplier and Action to the 2019 budgeted amounts:**

**Windstream Communications**

No change in 2019 budgeted amount.

**“In-house” Printing**

No change in 2019 budgeted amount.

**Website costs**

No change in 2019 budgeted amount.

**Training day Costs & associated rents**

No change in 2019 budgeted amount.

**PI Quarterly Mailings, other printed or purchased items as ‘outreach’ costs**

No change in 2019 budgeted amount.

**Travel Budget to attend RSC**

No change in 2019 budgeted amount.

**Behavioral Health Conference in May**

No change in 2019 budgeted amount.

In trusted service,

John R.

## FUTURE ASC MEETINGS

- ❖ March 3<sup>rd</sup> at 2pm – Cross the Line Church, 5925 Adams, Lincoln.
- ❖ April 7<sup>th</sup> at 2pm – Cross the Line Church, 5925 Adams, Lincoln.

## ANNOUNCEMENTS

- ❖ If you want to receive the ASC minutes by email, please send an email to [secretary@sena-na.net](mailto:secretary@sena-na.net)
- ❖ Please see the SENANA activity page for printable flyers. <http://sena-na.net/activities>

## GROUP REPORTS

- ❖ **Sunday Morning Reflections**: Average attendance 12. Newcomers 4. Rent paid \$25. Literature \$42.84. In Loving Service, Jan B.
- ❖ **Sunday Night Solutions**: Attendance 176. Newcomers 13. Literature \$98.25. ASC donation \$79.75. We had our monthly speaker meeting on 1-27. Jessica O. and Heather from St. Joe shared their experience, strength & hope. In Loving Service
- ❖ **Sunday Ladies & Gents**: Hello Family. Sunday Night Ladies & Gents has had a good month of recovery. After rent we had a lit order of \$31.75 and area donation of \$5.75. We would also like to nominate Dave R. as Vice Chair of Area. In Loving Service, Dave R.
- ❖ **Monday Night Women's**: Attendance 28. Newcomers 2. 7<sup>th</sup> Tradition 50.55. Literature \$18.50. Rent \$20. ASC donation \$11.55. In Loving Service Shanna R.
- ❖ **Tuesday RAW**: Hello SENANA. Our group continues to carry the message of Narcotics Anonymous while studying our literature. Our attendance this past month was 107 total addicts with 15 newcomers. We have elected trusted servants to group positions. I am our new GSR, Paula S. for Alternate GSR, Corry S. for Secretary, & Chad J. as Treasurer. We have finalized our speaker lineup for our 1<sup>st</sup> Anniversary Celebration on Saturday June 22<sup>nd</sup>, 2019. We have speakers from Nebraska, Iowa, Texas, Oklahoma, & Arkansas. We will also have some great BBQ & Shirts while breaking down our symbol. Flyers will be available soon online and hard copies should be at the March 3<sup>rd</sup> ASC. Our 7<sup>th</sup> Tradition brings you \$76.40 after \$48.60 for literature, & \$30.00 for rent. Thank you
- ❖ **Wednesday Boys to Men**: Hello SENANA. The Boy's to Men group is doing well and remains strong and stable with the attendance of 151 & 12 newcomers this month. The group has made an \$18.00 literature order and is making a donation of \$50.00 to the ASC. We also have continued discussion on our upcoming event's and are working on save the dates for our Annual campout and 5-year anniversary and are looking forward to continuing to fill our primary purpose. In loving service, Jeff C.

## **GROUP REPORTS** *(Continued)*

- ❖ **Room to Grow, Crete:** Hello my name is Lee and I'm an addict. Since the area meeting of December, we have had 66 people in attendance, 3 of which were newcomers. We started this period with a balance of \$0.00 and since then collected \$131.85 in our 7th tradition box, we also sold \$12.15 worth of literature bringing our total income to \$144.00. Our expenses to now since the area meeting of December were: \$60.00 in rent, \$51.94 in literature, \$15.00 in refreshments, and \$17.06 to the ASC. This leaves the Crete NA group, Room to Grow, with a balance of \$0.00.
- ❖ **Welcome Home:** ASC donation \$30. Rent \$20. Literature \$21.
- ❖ **Thursday One Promise:** Attendance 139. Newcomers 7. Literature \$68.95. ASC donation \$15. Remaining funds are \$59.13.
- ❖ **Saturday Night Serenity:** We are happy to officially be a part of area. we have been averaging 20 people a meeting we hope this will continue. Sam S is newly elected GSR. We are making a donation of \$29.50 to area today. In service Sam S.

### **SENANA Area Service Committee (ASC)**

**chairperson@sena-na.net**  
**vicechairperson@sena-na.net**  
**treasurer@sena-na.net**  
**rcm@sena-na.net**  
**literature@sena-na.net**  
**secretary@sena-na.net**